About the National Council on Disability

- Independent federal agency
- 15 Members appointed by the President
- Advises Congress and the Executive Branch on the broad scope of disability policy
- Currently in the midst of a project on the impact of Medicaid Managed Care on People with Disabilities
Previous Trends in Managed Care

- Primarily utilized for acute care
- Focused mainly on non-disabled, low-income adults
- Viewed as a method of realizing cost savings during the life of the MCO contract
Growing Trend to Include PWD in Managed Care

- By 2014, 26 states are expected to have MLTSS programs in place (CMS MLTSS 2012 Update)
- Dual Eligible Demonstrations Include Substantial LTSS Component
- State Fiscal Pressures Pushing Towards Bringing PWD into Managed Care Plans
- Stakeholder Involvement is Crucial
Challenges for MLTSS Systems

- Community Integration
- Provider Network Adequacy
- Non-Clinical Outcome Measures
- Incorporating Employment Outcomes
- State Managerial Capacity
- Diverse Benefit Package
- Readiness Assessment & Phase-In Schedules
Community Integration

- Managed Care can be a tool to move people into the community
- Avoid Institutional Carve Outs
- Incentivize Community Living in Capitated Rate Structure
- How do you define Community Integration? What is the continuum?
- Avoid Medicalization of Services
- Protect and Expand Self-Direction, Person-Centered Planning
Provider Network Adequacy

- State Readiness Assessment must precede shift to Managed Care
- Small and Non-Traditional Providers At Risk – protections are necessary
- Providers need to learn to assess & manage risk, negotiate rates & contract arrangements
- MCOs have limited LTSS provider knowledge base
Non-Clinical Outcome Measures

- National Quality Forum has approved 1,500 health care quality measures – almost none relating to LTSS
- History of Acute Care focus
- Focus on outcomes vital to success
- Track acute care, LTSS and non-traditional LTSS outcomes
- Best Practice Model: National Core Indicators Project
Employment Outcomes

- Employment First
  - Shift from sheltered workshops and day programs to integrated employment

- Supported employment is cost-effective, but often not within life of MCO contract – contract must specifically guarantee its availability

- MCOs must interact with VR & Public Schools

- Data Tracking for State & Public Crucial
Diverse Benefit Package

- LTSS includes more than health services
- Managed Care an opportunity to expand beyond what Medicaid usually provides
- Employment
- Family Support
- Non-traditional services can reduce long term costs in traditional LTSS and acute care – but not necessarily in life of MCO contract.
State Managerial Capacity

- Responsibility and Accountability remains with state agency;
- Clearly established outcome measures;
- Due Process, Grievances and Appeals procedures
- Retain staff & knowledge base on diverse populations and innovation strategies;
Readiness Assessment & Phase-In Schedule

- Approach different populations differently
- Readiness assessment must assess:
  - Provider Adequacy & Competence with Managed Care
  - MCO Competency with LTSS & Population
  - Stakeholder engagement & familiarity with program changes
- Different populations can be phased-in differently
More information on NCD’s Work

- NCD Principles for Successfully Enrolling PWD in Managed Care:
  http://www.ncd.gov/publications/2012/Feb272012/

- NCD Recommendations to CMS on Implementing Managed Care for PWD:
  http://www.ncd.gov/publications/2012/CMSFebruary272012/

- Full Report on Medicaid Managed Care and PWD:
  http://www.ncd.gov/publications/2013/20130315/