Social Determinants of Health: States Moving Upstream Toward Prevention

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National Academy for State Health Policy (NASHP)

Council of State Governments
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State Levers to Address Health-Related Social Needs

Trends:
• Addressing social determinants to improve health
• Tightening budgets

Levers:
• Cross-agency collaboration
• Braiding funding
Meet Jean

Jean needs help staying sober. Her primary care provider refers her to a case manager.

Jean is struggling to pay her rent this month. A case manager refers her to the housing department.

Jean is experiencing complications from diabetes and is struggling to get to work.

Jean’s son has an asthma attack. The school nurse tells Jean mold in her cold, damp apartment triggered the attack.

Jean’s car breaks down. She needs a ride to work and the doctor. She cannot afford the repairs.

Jean’s son needs transportation from school to childcare.

Jean and her son need to eat more fruits and vegetables.

Case Manager A Refers Jean

Can’t Pay Rent

Transportation Program

Substance Abuse Counselor

Primary Care Provider

Childcare

Housing Authority Emergency Assistance

Case Manager B Refers Jean

SNAP

Diabetes

Utility Assistance

Case Manager A Refers Jean

Image: NASHP

States Steward Multiple Funding Sources

State Agencies

Braided funding could provide a coordinated plan of health services and supports.

Medicaid  Health Department  Housing Department  Community & Economic Development  Transportation

Jean's Total Plan of Health Services & Supports

Image: NASHP

## Funding for Louisiana PSH: Services

<table>
<thead>
<tr>
<th>What it is</th>
<th>What it pays for</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid 1915(c) Home and Community-Based Services Waivers</td>
<td>Long-term services and supports, including tenancy supports</td>
<td>CMS</td>
</tr>
<tr>
<td>Medicaid State Plan</td>
<td>Mental health rehabilitation services, tenancy supports, habilitation services previously covered under a 1915(i) waiver</td>
<td>CMS</td>
</tr>
<tr>
<td>Ryan White</td>
<td>Security deposits, utilities, medical care, health education, legal support, nutrition support, and other services</td>
<td>HRSA</td>
</tr>
<tr>
<td>Cooperative Agreement to Benefit Homeless Individuals</td>
<td>Housing support, treatment for substance abuse and/or serious mental illness, peer support, and other services.</td>
<td>SAMHSA</td>
</tr>
<tr>
<td>Veterans Services</td>
<td>Health care for eligible veterans</td>
<td>US VA</td>
</tr>
</tbody>
</table>
### Funding for Louisiana PSH: Rental Assistance

| Community Development Block Grant disaster recovery funds | The program formerly known as Shelter + Care | Section 811 Project Rental Assistance | Project-based and tenant-based vouchers under the Housing Choice Voucher program |

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![Louisiana Housing Authority](image)

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Virginia Children’s Services Act

Virginia Children’s Services Act

1. Jean and John are referred to the Virginia Children’s Services Act (CSA) by:
   - John’s School
   - Social Services Agency
   - Family Member
   - Health Department
   - The Courts
   - Community Services Agency

2. CSA’s Local Family Assessment & Planning Team (FAPT) works with Jean and John to develop one individualized plan of services.

3. A case manager helps Jean and John obtain the services in the FAPT’s plan, which are paid for by the Community Policy and Management Team (CPMT) from a variety of sources.

Image: NASHP
**Jean & John’s Plan of Services from CSA**

<table>
<thead>
<tr>
<th>GOALS</th>
<th>SERVICES</th>
<th>PAID FOR BY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EDUCATION</strong></td>
<td>Educate John at grade level and manage behavior issues</td>
<td>Special education placement</td>
</tr>
<tr>
<td></td>
<td>Manage Jean’s diabetes and John’s asthma for success at work and school</td>
<td>Primary and preventive care</td>
</tr>
<tr>
<td></td>
<td>Control Jean’s depression and help her stay sober</td>
<td>Behavioral health care</td>
</tr>
<tr>
<td><strong>MENTAL &amp; BEHAVIORAL HEALTHCARE</strong></td>
<td>Help John overcome behavioral/emotional issues</td>
<td>Applied behavioral analysis; yoga</td>
</tr>
<tr>
<td><strong>HOUSING</strong></td>
<td>Provide a stable home; cook healthy meals</td>
<td>Emergency rent support</td>
</tr>
<tr>
<td><strong>TRANSPORTATION</strong></td>
<td>Reliable transportation to and from work, school, and appointments</td>
<td>Car repair</td>
</tr>
<tr>
<td><strong>FOOD</strong></td>
<td>Cook healthy meals at home; refrigerate medication</td>
<td>Food assistance/refrigerator repair</td>
</tr>
</tbody>
</table>
Oregon’s Health-Related Services

- Oregon Health Authority’s Section 1115 Demonstration Waiver
- Health-related flexible services

To Improve Health and Lower Costs, Oregon Gets Flexible

http://www.nashp.org/to-improve-health-and-lower-costs-oregon-gets-flexible
South Carolina Nurse-Family Partnership

- South Carolina statewide Nurse-Family Partnership Pay for Success Initiative

'Pay For Success’ Approach Used To Fund A Program That Supports New Moms

August 9, 2017 - 5:00 AM ET

- NASHP Conference Session: “Where the Trails Meet: Blending and Braiding Funds for Improved Population Health”

Some Benefits

- Resilience
- Efficiency
- Alignment

Some Challenges

- Whose pocket?
- Complexity
- Competing priorities
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http://nashp.org/30th-annual-state-health-policy-conference/