Three out of every four dollars spent for health care is spent on chronic diseases. For state budgets, the drain is even greater—Medicaid spends 83 cents of every dollar on chronic diseases. This CSG Health Policy Academy focused on chronic diseases, their burden to society and evidence-based strategies for prevention, identification and treatment. Whether it is heart disease, mental health, diabetes, Alzheimer’s disease or Hepatitis C, considerable research suggests we can do better for those with these often devastating diseases while also being better stewards of state budgets. State policy strategies were presented to meet the dual goals of improving health outcomes and reducing health care spending.

**2013 National Conference**

**CSG Health Policy Academy**

**Reducing the Bill for Chronic Diseases**

**September 18-19, 2013**

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**Presentation by Joseph Parks, M.D., Chief Clinical Officer, Missouri Department of Mental Health**

**Health Homes Missouri CMHC**

**Joseph Parks**

Joseph Parks serves as the department’s senior clinical leader by providing advice and counsel to the department director regarding a broad range of clinical, clinical policy, programmatic and strategic issues. Parks provides leadership and mentoring to the department’s clinical staff and establishes and promotes professional, clinical and ethical values and standards to which all clinical staff are expected to adhere. Dr. Parks has authored or coauthored a number of original articles, monographs, technical papers, and reviews on implementation of Evidence Based Medicine and Pharmacy Utilization Management and behavioral treatment programs. His work has appeared in several journals including the *Journal of Organizational Behavior*, *Journal of Psychiatric Practices*, *Psychiatry Quarterly*, *Manual of Clinical Emergency Psychiatry*, *Behavioral Interviews, Hospital and Community Psychiatry*, and *Advanced Studies in Nursing*.

In 2006 Dr. Parks received the American Psychiatric Association Bronze Achievement Award for a program controlling pharmacy costs by improving prescribing practices.